

WHO WE ARE

AbilityFirst supports people with intellectual and developmental disabilities, and their families, with programs that foster *fun* and *fulfillment*.

We envision communities where people with intellectual and developmental disabilities, and their families, are *seen, included, and supported*.



ADMINISTRATION

789 North Fair Oaks Ave.
Pasadena, CA 91103
Tel: 626.396.1010 / Fax: 626.396.1021
info@abilityfirst.org

CAMP PAIVIKA

Mailing Address:
PO Box 3367
Crestline, CA 92325

Camp Address:
600 Playground Dr.
Crestline, CA 92322
Tel: 909.338.1102 / Fax: 909.338.2502
camppaivika@abilityfirst.org

On-site Services:

Overnight Summer Camp, Overnight Winter/Spring Camp, Mom's Retreat, Facility Rentals

ADULT DAY, AFTERSCHOOL PROGRAMS & AQUATICS

Claremont Center

480 S. Indian Hill Blvd.
Claremont, CA 91711
Tel: 909.621.4727 / Fax: 909.624.8388
afclaremont@abilityfirst.org
License# 191501798

On-site Services: Afterschool Program, Supported Employment

East Los Angeles Center

154 N. Gage Ave.
Los Angeles, CA 90063
Tel: 323.268.8178 / Fax: 323.268.2359
afeastla@abilityfirst.org
License #198603651

On-site Services: Adult Day Program

Joan & Harry A. Mier Center

8090 Crenshaw Blvd.
Inglewood, CA 90305
Tel: 323.753.3101
afinglewood@abilityfirst.org
License# 191601509

On-site Services: Adult Day Program, Aquatics

COMMUNITY INTEGRATION

PossAbility Pasadena

789 North Fair Oaks Ave.
Pasadena, CA 91103
Tel 626-396-1010

PossAbility Los Angeles

3751 South Hill Street, Suite 217
Los Angeles, CA 90007
community@abilityfirst.org

EMPLOYMENT SERVICES

Tel: 562-343-3041
employmentservices@abilityfirst.org

COLLEGE TO CAREER

Tel: 626-768-7023
collegetocareer@abilityfirst.org

Lawrence L. Frank Center

201 S. Kinneloa Ave.
Pasadena, CA 91107
Tel: 626.449.5661
afpasadena@abilityfirst.org
License #191223376, #198602059

On-site Services: Adult Day Program, Afterschool Program, College to Career

Long Beach Center

3770 E. Willow St.
Long Beach, CA 90815
Tel: 562.426.6161
aflongbeach@abilityfirst.org
License #191600097, #191600444

On-site Services: Adult Day Program, Afterschool Program, Aquatics, Supported Employment

facebook.com/AbilityFirstLA

instagram.com/AbilityFirstLA

linkedin.com/company/abilityfirst

youtube.com/AbilityFirstLA



To learn more, visit **AbilityFirst.org** or scan the QR code for additional details. We are a 501(c)3 nonprofit. Federal Tax ID #95-1690983



PROGRAMS



A CENTURY of Possibilities

Helping individuals with intellectual and developmental disabilities achieve their personal best since 1926





WHAT WE OFFER

BELONGING



ADAPTABILITY



"I love that AbilityFirst provides me with a safe place where I can be myself, relax, and hang out with friends."

GROWTH

AbilityFirst programs are person-centered and tailored to individual interests and needs. They are grounded in individual choice, self-direction, and community participation, with a focus on creating social connections.

Afterschool (Ages 6–22)

Primarily site-based program for children and youth that teaches life skills and fosters personal and social development through diverse activities with ongoing supervision and personal care provided. *Licensed Program.*

ExploreAbility – Adult Day (Ages 18+)

Primarily site-based program for adults that teaches life skills and fosters personal and social development through diverse activities with ongoing supervision and personal care provided. *Licensed Program.*

PossAbility – Community Integration (Ages 18+)

Community-based program for adults that focuses on social connection, volunteerism, and life skills development in community settings. Program does not provide constant supervision nor personal care.

College to Career (Ages 18+)

Community-based program that helps college-enrolled young adults navigate campus resources while developing independence and vocational skills.

Supported Employment (Ages 16+)

Provides personalized job readiness skills training, job placement, and on-the-job coaching support through community-integrated internship and employment opportunities.

Aquatics

Accessible swimming programs tailored to children and adults with disabilities, offering recreation, water safety skills training, and exercise classes in our indoor, warm water pools.

Camp Paivika

Fully accessible overnight and seasonal camping experiences for children, youth, and adults, including special retreats for caregivers and families. Located in the beautiful San Bernardino National Forest.

GET INVOLVED



DONATE OR VOLUNTEER

Support the mission by giving or volunteering. Visit abilityfirst.org/donate or email volunteer@abilityfirst.org to learn more.



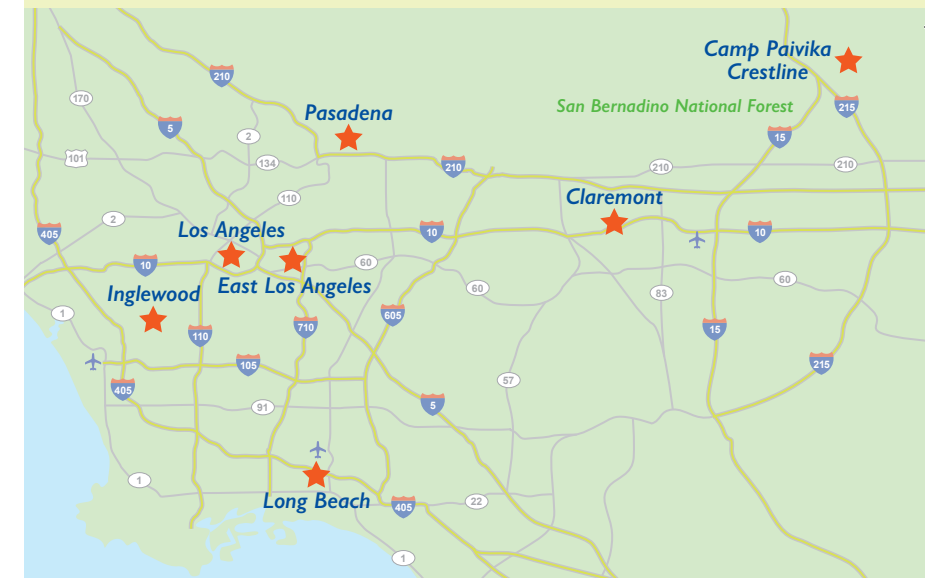
REFER OR ENROLL

Families can inquire about available programs by phone or email. AbilityFirst helps match each person with the program that will best support their goals and needs.
626.396.1010 / info@abilityfirst.org



STAY CONNECTED

Follow us on social media, or sign up for our newsletter to see success stories, program highlights, and upcoming events.



AbilityFirst provides programs throughout Greater Los Angeles and a fully accessible sleepaway camp in the San Bernardino National Forest.